## EXPEDITION LEADER TRAINING

#### Mastering expedition skills for inspiring, safe, and

### unforgettable Duke of Edinburgh's Award

#### adventures in Germany

Help your school's DofE leaders feel confident and fully prepared to lead incredible expeditions! At 4elements, we bring hands-on, practical training directly to your team, focusing on the outdoor and risk management skills DofE leaders need to keep students safe, inspired, and ready for adventure. We offer in-house and fully personalized training days designed around the needs of your leaders—whether they're new to the role or experienced expeditioners looking to refresh their skills.

Led by Ceri Temple, DofE Leader and Assessor, International Mountain Leader and expert in outdoor adventure and expedition design and delivery in Germany.



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# CONTENT

Map work and navigation Route planning and preparation Equipment Risk, safety and incident management Group activities

# OUTCOMES



- Confident and competent school expedition leadership
- Structured, sustainable and high quality programme delivery in your school
- Risk, safety and incident management systems for your staff and participants
- High quality, high impact expedition experiences

This course was an outstanding experience that made use of every second. We were truly learning through experience and inquiry at every moment...Ceri's experience and instructional methods were truly expert.

### FIND OUT MORE





Ceri has developed a course that deepens understanding of leading and planning expeditions, and pairs this with practical activities for up-skilling teachers' own knowledge. You come away from this CPD feeling inspired and with a toolkit full of ideas. This is a CPD with a difference!

#### 4elements.eu/teacher-training-expedition-skills



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