

## Duke of Edinburgh's International Award & Outdoor Adventure Teacher Training- Expedition Skills

*For educators and teachers organising and supervising DofE and outdoor adventure trips.*

- Map-reading and navigation skills
- Planning and preparation
- Choosing and checking gear
- Risk and safety management
- Incident management
- Group activities
- Alpine mountain culture



### Weekend Schedule

(N.B. Subject to change according to weather & conditions)

#### Day 1

- Welcome & introduction
- Dinner
- Planning & preparation, gear, and equipment

#### Day 2

- An introduction to map work
- Group activities
- Hike including risk management themes
- Dinner
- Evening workshop

#### Day 3

- Risk and safety management
- Incident management workshop
- Group activities
- Weekend de-brief
- Departure (approx. 14:00)

**Location:** Lenggries, Bavarian Pre-Alps

**Meeting point:** Lenggries Jugendherberge

**Time:** 16:00

**Getting there:** Train from Munich Hbf (1hr) or drive A8

#### Accommodation details

**Rooms:** 2 bed rooms, shared bathrooms

**Half-board:** Breakfast, packed lunch and dinner – please let us know any dietary requirements in advance.

**N.B.** Lunch, snacks, drinks not included but available for purchase at the hut. (Cash only)

#### Cost

- Single booking €595/ person
- School multiple bookings (4+) €495/ person

**SEE WEBSITE FOR EARLYBIRD OFFERS UNTIL 1<sup>st</sup> July 2024**