

Trekking Tour through the Three Peaks of the Italian Dolomites

The Three Peaks – Drei Sinnen – Tre Cime

The majestic rocks of the three peaks are an iconic landmark of the Dolomites declared by UNESCO as a World Heritage Site in 2009. The three peaks, between between 2857m and 2999m, are made of Dolomite and their unique formations can be admired from all sides and furthermore provide a magnificent show of colours- changing according to weather and light conditions from greys, to oranges and pinks with sunrises and sunsets and provide a stunning backdrop for trekking tours. As such the Three Peaks Nature Park is not only one of the most impressive trekking areas of Northern Italy, but in all of Europe.



Part of the Sesto Dolomites in the North Eastern corner of the Alto Adige and close to the border with Austria, this area became the front line of warfare during the First World War years of 1915-1918 – leaving traces of history in the area and laying way to many of today's hiking trails. A trek through this area is also an exploration of the history and culture of this region- including the best of the mix of Austrian and Italian cuisine- hearty mountain food combined with great wine and coffee- even in the remotest of locations.

Accommodation – Mountain Refuges

During our tour we stay in two privately run mountain refuges- both picked for their wonderful panoramic settings, as well as tradition and great atmosphere.

The Büllelejochhütte is the highest refuge in the Three Peaks Nature Park at 2528m. It only sleeps 13 hikers, and is known for its cosiness and tradition- making it one of the most sought-after sleeps in the area!

The Bosihütte at 2205m is slightly larger with 20 beds. It lies at the foot of Monte Piana- that due to its incredible viewpoint, was a strategic point in the First World war. A small museum close by and many memorials around the area bear witness to this chapter in its history.

Schedule

Friday 23rd August

18:00 Welcome & introduction
Sillian, Austria

Saturday 24th August

Drive/ bus to Toblach & bus to start trail head
Hike to Büllelejochhütte

Sunday 25th August

Hike passed the Three Peaks to Bosi Hütte

Monday 26th August

Descent to Dürrensee and return bus to Toblach.
16:00 Departure

N.B. Timings are approximate and may vary slightly according to local conditions.

Getting There

Nearest airports:

[Airport Innsbruck](#) 144km

[Airport Munich](#) 333 km

[Airport Verona](#) 260 km

By public transport

Train from Munich via Franzensfeste (5hrs)

By car:

From the North:

Coming from **Munich** take A8 to Rosenheim. Take A93 from there to Pass-Thurn-Straße/B161 Lienz/ Felbertauern/ Kitzbühel/ St. Johann i.T. Follow B161 and B108 to Pustertaler Str/ B100 in Lienz. Follow B100 to Sillian.

From Munich expect driving time of approx. 3hrs 30mins. N.B. You will need a 10 day vignette (€9) for the A8 in Austria.

From the South:

If you come from **Verona**, you take the motorway A22 (Brennerautobahn) and turn off also at the exit Bressanone-Val Pusteria-Brixen-Pustertal and continue on SS49 until Sillian.

From **Venice** take E55 to Amaro and then take Carnia-Tolmezzo E55 exit. Take E55 until junction with SS52 and then continue along SS52 to Sillian.



Pre-tour Accommodation

We meet the night before the tour, to unwind, connect and complete our final preparations, so that we can maximise our experience for three days in the mountains.

Our pre-accommodation is a Boutique Hotel that has been selected for its relaxed, comfortable atmosphere. It offers wellness facilities, and you have the option of an à la carte or gourmet 5-course dinner.



four elements
challenge, explore, discover

4elements UG (Haftungsbeschränkt)

www.4elements.eu

Tel: 015115296237