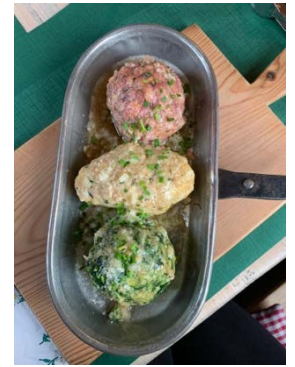


## Trekking Tour through the Three Peaks of the Dolomites



### Highlights

- A magnificent tour through the iconic landscape of the “Tre Cime” Nature Park and UNESCO world heritage site
- Staying in mountain refuges in spectacular locations
- Exploring the traces and landscape carved out along the WWI battle lines
- Experience both Italian and South Tyrolean cuisine and culture along the route
- Opportunity for sunrise hike



Friday 23<sup>rd</sup> – Monday 26<sup>th</sup> August 2024

**Meeting point Friday 23<sup>rd</sup> August:** Sillian, Austria

**DAY 1:** Sexten (1310m)– Büellejochhütte (2528m)

**DAY 2:** Büellejochhütte (2528m) – Bosi Hütte (2205m)

**DAY 3:** Bosi Hütte (2205m)– Dürrensee (1406m)

**Tour time:** Approx 5-7 hrs per day at a relaxed pace



### Activity level requirements

Previous hiking experience, steady footing and head for heights, fitness for walking 5-7 hours at a relaxed pace with around 1000m ascent per day.

### Included:

- ✓ 3 days personalised guided hike with German and English speaking mountain guide
- ✓ 1 night pre-accommodation dinner & breakfast at boutique hotel with wellness facilities
- ✓ 2 nights half board (board, dinner & breakfast) in shared rooms in mountain huts
- ✓ Pre-tour information package (including local information, packing & travel guide)
- ✓ Tour photo album

### Optional extras- available for booking on request:

- Travel to/from start/end point

### COST

€695/ person

EARLY BIRD

€650/ person

Min 5. Max. 8 people





### Your Guide - Ceri Temple

A British outdoor enthusiast who has spent years working and playing in Bavaria, the Alps and the Dolomites. Ceri has a passion for mountain sports, experience in winter and summer mountaineering and is a UIMLA certified International Mountain Leader and alpine hiking guide, as well as ski instructor and outdoor educator. The Dolomites are one of Ceri's absolute favourite areas for trekking and she can't wait to share the flora, fauna and history of the area with you- as well as a slice of cake ;-)

#### Mountain refuge accommodation – What to expect!

During our tour we stay in mountain refuges in stunning and fairly remote locations.

All rooms are comfortable but basic- warm blankets and pillows are provided- it is a requirement to bring your own sleeping bag liner. Both nights are in shared dorms.

Water and electricity at these altitudes is also limited. The first hut has a small washroom and toilet. The second hut has toilets and a shower available for a small fee.

Being in Italy, you can expect to get a delicious and hearty meal, good wine and coffee despite the remote locations!



#### Trek packing list

- Waterproof hiking boots with ankle support and good profile (B/C)
- Rucksack (25-35l)
- Waterproofs – *preferably 2.5-3 layer system* (Jacket with hood and trousers)
- One pair of long hiking trousers/ zip-off trousers
- 2 pairs hiking socks
- 1 Long sleeved shirt/ T-shirt (synthetic or merino wool/ quick-drying)
- 2 T-shirts (synthetic or merino wool/ quick-drying)
- Fleece, extra warm layer or soft shell jacket
- Underwear
- Gloves and hat
- Sun protection (Sunglasses, sunhat, sun cream, lip salve)
- A hard-wearing drinking bottle/ thermos/ hydration pack (1-2 litres)
- Headlamp/ torch (*there are tunnels to explore!*)
- First aid set and personal medication
- Hiking poles (*can be provided if needed*)
- Mobile phone/ camera & charger
- Hut sleeping bag/ sleeping bag liner
- Wash kit, soap, flannel and lightweight towel
- Facemasks
- Hut shoes/ slippers
- Ear plugs
- Snacks
- Wallet including cash
- Personal insurance details (please ensure that your insurance covers you for alpine activities- if you need advice in this area- get in touch!)

4elements UG (Haftungsbeschränkt)

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