

Wild Switzerland Trek

Vast alpine landscapes, high mountain passes and glacial lakes.



Highlights

- 6 days hiking through high alpine, majestic mountain terrain
- Glorious alpine meadows, vast landscapes and stunning panoramas
- An exploration through the formation and history of the Alps- through the unique geology and high mountain passes
- Experience a range of Swiss alpine accommodation chosen for its authentic character
- Small group size (max 7)



The Route

Day	Start	End	→	↑	↓	Hrs
1	Arrival Bergün					
2	Bergün	Chamanna Ela	7km	1000m	126m	5
3	Chamanna Ela	Preda	13km	760m	1200m	7
4	Preda	Chamanna Jennatsch	14km	1000m	500m	6.5
5	Chamanna Jennatsch	La Veduta	8.5km	349m	850m	4
6	La Veduta	Bivio	16.5km	530m	1100m	6
7	Depart Bivio					

“The path is the goal”

As always our goal is to appreciate all the little things along our routes- scenery, culture and the magic of the great outdoors.

Activity level requirements

Previous hiking experience in alpine terrain, steady footing & a head for heights, fitness for walking 5- 8 hours with up to 1000m ascent per day.



Accommodation

Accommodation along this route has been selected for its character, traditional atmosphere and scenic location. We in a private guest houses or alpine refuges – sometimes in shared dorms or 2-4 bed rooms. Bedding and towels are provided most nights. A hut sleeping bag and small towel are needed for 2 nights.



Cost
€1450/person
Earlybird
€1390*

*valid on bookings before 01.03.2022

Confirmation and payment:

- Via website booking form
- Booking confirmation, certificate of bond insurance and payment information will be sent on upon registration.

Included:

- ✓ 7 days personalised guided hike & guiding with German and English speaking mountain and travel guide.
- ✓ 6 nights lodging in private mountain guest houses/ refuges
- ✓ 6 x breakfast, 6 x evening meal
- ✓ Transfers within tour
- ✓ Pre-tour information package (including local information, packing & travel guide)
- ✓ Special 4elements' trek souvenir
- ✓ Tour photo album

Not included (please ask if you need any advice):

- Snacks, lunches (packed lunches available for purchase at accommodation)
- Drinks
- Personal insurance (travel insurance and personal accident insurance)
- Tips



Travel

Our meeting point is Bergün.

The easiest, most environmentally friendly and by far most spectacular route is via train. In fact, it is worth the journey in itself.

We will send you the recommended train times from Munich upon booking. Train tickets can be booked from 14.02.2022. The cost is from €50 each way.



Your guide, Ceri Temple

A British/German outdoor enthusiast who has spent years working and playing in Bavaria, the Alps and Northern Italy. Ceri has a passion for long-distance hiking and the balance being in nature brings to well-being in everyday life –elements of mindfulness and appreciation of the natural world flow through her events. Ceri looks forward to a fun and inspiring journey with you.

