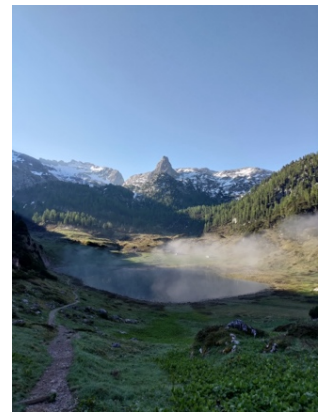


Trekking through the Berchtesgaden National Park & Steinernes Meer A Women-only Adventure



Highlights

- Start at the world-famous Königssee Lake and finish at the picturesque Hintersee Lake.
- **Traverse the Iconic Steinernes Meer (Stone Sea)**
Explore the rugged beauty of this vast karst plateau, with dramatic rock formations and breathtaking alpine vistas.
- **Experience Berchtesgaden National Park** Immerse yourself in the pristine wilderness of one of Germany's most stunning natural reserves, home to serene lakes and diverse flora and fauna.
- **A Women-Only Adventure with Expert Guide** Hike alongside a small, supportive group of like-minded women, led by a professional female mountain guide (UIMLA International Mountain Leader)
- **Stay in remote and idyllic Alpine huts** Enjoy cozy accommodations in traditional mountain huts and guesthouses, offering a true taste of alpine hospitality.



The Route

Day	Start	End	➔	⬆️	⬇️	Hrs
1	Königsee- St. Bartholomä	Kärlingerhaus	10,5 km	1079m	50m	6
2	Kärlingerhaus	Riemannhaus	6 km	610m	60m	4
3	Riemannhaus	Ingolstädter Haus	6,5km	300m	350m	4
4	Ingolstädter Haus	Hirschbichl	12km	150m	1285m	6
5	Hirschbichl	Hintersee	9km	10m	355m	3

“The path is the goal”

The aim of this trek hike is to explore, disconnect and experience the wild alpine landscapes, mountain culture and nature along the way. This means we may stop for a swim in a lake, pause for deeper exploration, bag a summit or other experience – making the most of what the trail brings us each day. As such the timings above are given as a minimum.

Activity level requirements

Previous hiking and multi-day hiking experience, steady footing & a head for heights, fitness for walking 4- 7 hours with up to 1100m ascent per day. Rucksacks should weigh no more than 7-9kg depending on personal size and weight.



Accommodation

Accommodation along this route has been selected for its character, traditional atmosphere and scenic location- giving you the full range of experiences- including mountain refuges and traditional guesthouse. Due to the remote locations, resources are limited, therefore there may not be the opportunity to shower at all huts. Wash facilities are available.



Group numbers
Min 6
Max 8

Confirmation and payment

- Via website booking form
- Booking confirmation, certificate of bond insurance and payment information will be sent on upon registration.
- 20% deposit due upon booking confirmation

Included:

- ✓ 5 days personalised guided hike & guiding with German and English speaking mountain and travel guide.
- ✓ 4 nights lodging (where possible in private rooms in mountain huts, in the last night bunkbeds in a shared dorm)
- ✓ 4 x breakfast, 4 x dinner
- ✓ Königssee boat trip
- ✓ Pre-tour information package (including local information, packing & travel guide)
- ✓ Pre-tour webinar
- ✓ Special Transalp hike souvenir
- ✓ Tour photo album

Not included (please ask if you need any advice):

- Lunches (You can purchase packed lunches at huts along the route)
- Drinks
- Any additional transportation needed
- Personal insurance ([travel insurance and personal accident insurance](#))
- Tips



How to get there:

Meeting point 10:00 Königssee Car Park ([Königssee PKW Parkplatz](#))

From Munich:

By Public Transport: Train via Freilassing and then bus from Berchtesgaden (3hrs)

By Car: via the A8 München – Salzburg, exit Bad Reichenhall. Via B20 to Berchtesgaden to Parkplatz Königssee (paid parking) (Tip: Exit at Bad Reichenhall, otherwise you will need the vignette toll for the small section through Austria) (2.5hrs)

From Salzburg:

By Public Transport: 840 Bus from Salzburg to Jennerbahn, Schönau am Königssee (1hr)

By Car: via B160 (avoiding tolls on the motorway) via Marktschellenberg and Berchtesgaden (40mins)



Your guide, Ceri Temple

A British/German outdoor enthusiast who has spent years working and playing in Bavaria, the Alps and Northern Italy. Ceri is a state certified hiking guide, International Mountain Leader and outdoor educator. She has a passion for long-distance hiking and the balance being in nature brings to well-being in everyday life –elements of mindfulness and appreciation of the natural world flow through her events. Ceri looks forward to a fun and inspiring journey with you.

