

Friday 14th – Sunday 16th August 2020

Hike Alpine Llama Trekking around the Schneeberg and Seven Lakes

Schneeberg and the Seven Lakes

This tour takes us into high alpine landscapes and into the Schneeberg. The Schneeberg is not a mountain but an area between the Passeier Valley and Ridnauner Valley which was home to one of Europe's highest and oldest mines (2000m-2500m high). Going back to the Middle Ages silver, lead and copper ore were extracted and transported across Europe via the various alpine trade routes.



The first day of hiking takes us through the forests at the end of the Ridaun valley and as we climb up above the trees we follow the old tracks of the mine transport to the Schneebergscharte (gap), the highest point of the day (2700m). We then descend to the previous epicentre of the mine works – now a mountain refuge and mining museum where we can learn and experience the history of this special area for ourselves.

The second day we head back over the Schneebergscharte and continue along a high route where we enjoy amazing panoramas of the surrounding peaks and stunning high alpine lakes – including numerous high alpine lakes.

Our final day takes us past the seventh of these lakes, the deepest mountain lake in the South Tyrol, along the way stopping at a delightful traditional Alm for lunch.

Accommodation – Mountain Refuges

During our tour we stay in two privately run mountain refuges- picked for their wonderful panoramic settings, as well as tradition and great atmosphere.

The first manor at [Schneeberg](#) was originally built as an extension to the centuries old inn for the miners to provide accommodation for engineers, mine supervisors, their families and the first mountaineers arriving in the region. When the mine was closed it was restored and redeveloped by the South Tyrol regional government with the refuge and museum.

We spend the second night in the much smaller [Grohmanhütte](#) – with only 8 beds in the hut, it is just us and the surrounding nature at 2250m where we can sit back and enjoy the relaxed and cosy atmosphere.

Schedule

Start: 9:00, Friday 14th August

Maiern, Ridnaun Valley

Finish: 16:00, Sunday 16th August

Maiern, Ridnaun Valley

N.B. Exact meeting point will be provided in the final information two weeks before the tour.

N.B. Timings are approximate and may vary slightly according to local conditions.



Getting There

Nearest airports:

[Airport Innsbruck](#) 70km

[Airport Munich](#) 250 km

We will share contact details with all participants in advance to help coordinate travel.

By car:

Coming from **Munich** drive to Innsbruck (A12 Inntalautobahn) via Garmisch Partenkirchen and Seefeld. At Innsbruck you follow the motorway A 13 (Brennerautobahn) until you reach the Brennerpass, there the motorway passes into the Italian Brennerautobahn (A22). The first bigger village in South Tyrol is Vipiteno (Sterzing). At Sterzing head up the Ridnaun Valley.

From Munich expect driving time of approx. 2hrs 30mins. N.B. You will need a 10 day vignette (€9) for the A12 in Austria. The toll for the Brenner pass is approx. €9 each way.

By public transport to Sterzing/ Vipiteno & private pick-up / taxi*

- Train: From Munich Hbf – Vipiteno there are frequent trains with one change at Brennero – journey time approx 3hrs 30mins
- Flixbus: Direct from Munich to Vipiteno (approx 3hrs 30mins)

*N.B. We can arrange a pick-up from Sterzing for a reasonable price- please request on booking!

Pre-tour Accommodation

We have a certain number of rooms on hold for the group at the 3* Hotel Brenner, Sterzing for Thursday 13th August. There we will enjoy a relaxed evening before the tour to get into the South Tyrol atmosphere.

This is approximately 20mins drive by car or public bus to our starting point on Friday. Breakfast and local taxes are included in the price below:

- Shared twin room (single-sex) €56/person
- Single room * €80/person

*Subject to availability

CONTACT US NOW TO ADD PRE-ACCOMMODATION TO YOUR BOOKING!

EMAIL: ctemple@4elements.eu

If you require post tour accommodation, please let us know and we can send you recommendations!